



Anti-Bullying Week

Dear Parents and Carers,

Anti-bullying week 2025 will take place from Monday 10th – Friday 14th November, with the theme: **Power for Good**.

- This Anti-Bullying week, we're empowering children to use their **Power for Good** to safely speak up and raise awareness when they see bullying, face to face or online.
- Together, we can use our **Power for Good** to end bullying- for good

The week will begin with **Odd Socks Day** on **Monday 10th**, with adults and children being encouraged to wear odd socks to celebrate what makes us unique.

At Canon Popham, all staff are trained to know and understand bullying can happen anywhere: in the classroom, corridors and playground, or outside of school – both online and offline. Some pupils can face prejudice-based or discriminatory bullying, based on perceived differences.

Throughout the school year, but especially during next week, our children are given reminders of what bullying is. We do this by using this clear message:

What is bullying?

A bully is someone who **hurts** another person **more than once**, by using behaviour which is meant to **scare**, **hurt** or **upset** that person.

We can use the word '**STOP**' to identify bullying:

Several
Times
On
Purpose

It is important to remember that **single problems** and **falling out with friends** are not **bullying**. Bullying is behaviour which is **repeated** on purpose and is meant to **upset** someone.

Canon Popham children's anti-bullying guide can be found on our website link:

[Canon Popham Children's Anti-bullying guide](#)

The Anti-Bullying Alliance (ABA) have developed a FREE Parent and Carer Pack to help you bring Anti-Bullying Week 2025 and Odd Socks Day to life at home. This resource will support

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Chair of Local School Board: Mr C. Mitchell



conversations about bullying no matter the age of your child and give you other ideas about anti-bullying at home. Their pack can be downloaded using the link below:

<https://anti-bullyingalliance.org.uk/anti-bullying-week-2025/parents-and-carers>

As always, if you have any concerns regarding bullying or any other issues, we are here to help and support. Please speak to your class teacher or safeguarding leads in school which are:

- Designated safeguarding lead – Mrs Shelton
- Deputy safeguarding lead – Mrs Milnes
- SENDCo and Inclusion lead – Miss Simpkin

Thank you for your continued support



Mrs J Shelton
Head of School